



Term 4 Week 10

Monday, 12 December 2022

### Contact List

**Principal**  
Neryle Smurthwaite

**Deputy Principal**  
Duane Rhall

**Head Teacher English / HSIE**  
Chris Summerhayes

**Head Teacher Maths / PDHPE / Comp**  
Rod Jones

**Head Teacher Science / CAPA**  
Rebecca Allen

**Head Teacher TAS**  
Karen Stuttle

**Year 7 Adviser**  
Amanda Graham

**Year 8 Adviser**  
Timothy Roberts

**Year 9 Adviser**  
Stuart Ferguson

**Year 10 Adviser**  
Steve Wilson

**Year 11 Adviser**  
Warren McKenzie

**Year 12 Adviser**  
Patricia Daniel

**Teacher Librarian**  
Robert Brown

**Sports Coordinators**  
Samantha Dunk  
Zachary Rue

**School Counsellor**  
Emily Azzopardi

**Student Support Officer**  
Bonnie Keys

**LAST**  
Bronwyn Cahill

**Careers Advisor**  
Josh Conliffe

## Presentation Day

Today at our Presentation Day, we were able to celebrate our outgoing Year 12 students and their achievements throughout their time at Canowindra High School. We also celebrated students from all Year groups and students who achieved first in their subjects, along with student's who had achieved highly in their sporting field. Congratulations was also extended to Mrs Janeen Coutanche who will be retiring at the end of the school year.



# Presentation Day



# Presentation Day



## Police Anti-Violence Talk



**Presentation of Special Awards**

1. Diane Smith Memorial Award for Citizenship, Scholarship, Sportsmanship and Personality  
***Laura Kerr***
2. Helen Orlandi Year 12 Award  
***Letisha Woods***
3. The Andrew Gee Young Achiever Award  
***Charlotte Burling***
4. Masonic Prize for Motivation and Self Discipline  
***Jackson Stacey***
5. Lions Club Year 12 Encouragement Award  
***Mary Talbot***
6. Lions Academic Junior Encouragement Award  
***Molly Statham***
7. Cabonne Council Award for Junior Citizenship  
***Emily Thomas***
8. Lions Club Award for Musical Achievement  
***Henry Duguid/William Harrison***
9. Canowindra High School P&C Award for Aptitude and Excellence in Senior English  
***Laura Kerr***
10. Canowindra High School P&C Award for Perseverance and Diligence in Mathematics  
***Jackson Stacey***
11. David & Virginia Cullane Award for an Outstanding Student in Year 12 Sciences  
***Jackson Stacey***
12. Canowindra Historical Society Award for Outstanding Merit in Senior History  
***Olivia Stevenson***
13. Canowindra Services Club Award for Dedication and Commitment in Senior PD/Health/PE  
***Rory Boland***
14. Canowindra High School P&C Award for Outstanding Achievement in Senior Social Science  
***Jackson Stacey***
15. CWA Award for Outstanding Merit in Senior Art  
***Iris Cuddy***
16. Bassett/Crowther Award for Outstanding Achievement in Agriculture  
***Andrew Street***
17. Canowindra Services Club Encouragement Award for Application and Aptitude in Industrial Technology  
***Jackson Stacey***

18. Canowindra Services Club Encouragement Award for a student in a Senior VET subject  
**Andrew Street**
19. Canowindra Craft Shop Award for Consistent Effort in Stage 4 and Stage 5 TAS subjects  
**Zane Wren and Hannah Gordon - YR 8**  
**Thomas Turner and Gabrielle Allen - YR10**
20. The Age of Fishes Award for an Outstanding Year 10 Science Student  
**Emily Thomas**
21. Colin Drewe Award for Practical Interest in the Environment  
**Samuel Austin**
22. Australian Defence Force Award for Leadership & Teamwork  
**Jackson Stacey YR12**  
**Isabella Gordon YR10**
23. Australian Defence Force Future Innovators Award  
**Ryan Ellis YR12**  
**Peter Jones YR10**
24. Bill Ryan Sports Award  
**Samuel Austin Ryan Ellis**  
**William Harrison Jackson Stacey**
25. Presentation to 2022 School Leaders  
**Charlotte Burling Jackson Stacey**  
**Rory Boland Samuel Austin**  
**Ella Breen Iris Cuddy**

**PRESENTATION OF ACADEMIC AWARDS**  
**YEAR 12**

Laura Kerr	-	1 <sup>st</sup> in English Advanced, 1 <sup>st</sup> in English Extension 1, 1 <sup>st</sup> in English Extension 2 and 1 <sup>st</sup> in Visual Arts
Jackson Stacey	-	1 <sup>st</sup> in Mathematics Advanced, 1 <sup>st</sup> in Physics, 1 <sup>st</sup> in Business Studies and 1 <sup>st</sup> in Music
Thackery Grimshaw	-	1 <sup>st</sup> in English Standard, 1 <sup>st</sup> in Investigating Science
Rory Boland	-	1 <sup>st</sup> in Mathematics Standard 2 and 1 <sup>st</sup> in PD/Health/PE
Iris Cuddy	-	1 <sup>st</sup> in Biology
Olivia Stevenson	-	1 <sup>st</sup> in Modern History
Matilda Cramp	-	1 <sup>st</sup> in Community and Family Studies
Jordan Lorford-Reid	-	1 <sup>st</sup> in Japanese Beginners (Aurora)
Hayley Watson	-	1 <sup>st</sup> in Agriculture
Charlotte Burling	-	1 <sup>st</sup> in Industrial Technology
Ryan Ellis	-	1 <sup>st</sup> in Design & Technology
Andrew Street	-	1 <sup>st</sup> in Manufacturing & Engineering
Letitia Andrew	-	1 <sup>st</sup> in Hospitality
Elliott Blee	-	1 <sup>st</sup> in Sport, Lifestyle and Recreation
Amber Johnson	-	1 <sup>st</sup> in English Studies
Taylah Boatwood	-	1 <sup>st</sup> in Mathematics Standard 1

**PRESENTATION OF ACADEMIC AWARDS****YEAR 11**

<u>Leah Troy</u>	-	1 <sup>st</sup> in Ancient History, 1 <sup>st</sup> in Chemistry, 1 <sup>st</sup> in Biology and 1 <sup>st</sup> in PD/Health/PE
<u>Emma Hines</u>	-	1 <sup>st</sup> in English Advanced, 1 <sup>st</sup> in Visual Arts
<u>Mitchell McMahon</u>	-	1 <sup>st</sup> in English Standard
<u>Luca Mirto</u>	-	1 <sup>st</sup> in Mathematics Standard and 1 <sup>st</sup> in Sports, Lifestyle and Recreation
<u>Rianna Reeves</u>	-	1 <sup>st</sup> in Business Studies
<u>Nina Mechant</u>	-	1 <sup>st</sup> in Community & Family Studies
<u>Ava McMillan</u>	-	1 <sup>st</sup> in Industrial Technology
<u>Faith Bartimote</u>	-	1 <sup>st</sup> in Primary Industries
<u>Adrien Albikowski</u>	-	1 <sup>st</sup> in Hospitality

**PRESENTATION OF ACADEMIC AWARDS****YEAR 10**

<u>Emma Wood</u>	-	1 <sup>st</sup> in English, 1 <sup>st</sup> in History and 1 <sup>st</sup> in Visual Arts
<u>Emily Thomas</u>	-	1 <sup>st</sup> in Science and 1 <sup>st</sup> in Physical Activity and Sport Studies
<u>Samuel Bullock</u>	-	1 <sup>st</sup> in Geography and 1 <sup>st</sup> in Industrial Technology (Timber)
<u>Cameron Jackson</u>	-	1 <sup>st</sup> in Mathematics
<u>Isabella Gordon</u>	-	1 <sup>st</sup> in PD/Health/ PE
<u>Peter Jones</u>	-	1 <sup>st</sup> in Agriculture and 1 <sup>st</sup> in Work Education
<u>Gabrielle Allen</u>	-	1 <sup>st</sup> in Food Technology
<u>Mahalah Read</u>	-	1 <sup>st</sup> in Child Studies
<u>Madison Devlin</u>	-	1 <sup>st</sup> in Industrial Technology (Auto)

**PRESENTATION OF ACADEMIC AWARDS****YEAR 9**

- |                 |   |   |
|-----------------|---|---|
| Molly Statham   | - | Equal 1 <sup>st</sup> in English, 1 <sup>st</sup> in Mathematics, 1 <sup>st</sup> in History, Equal 1 <sup>st</sup> in Geography, 1 <sup>st</sup> in PD/Health/ PE and 1 <sup>st</sup> in Physical Activity and Sport Studies |
| Jenny Zhao      | - | 1 <sup>st</sup> in Science, Equal 1 <sup>st</sup> in Geography and 1 <sup>st</sup> in Industrial Technology (Auto)  |
| Hayley Stephens | - | Equal 1 <sup>st</sup> in English  |
| Elsie Boland    | - | 1 <sup>st</sup> in Industrial Technology (Timber)   |
| Thomas Street   | - | 1 <sup>st</sup> in Agriculture  |
| Katie Boatwood  | - | 1 <sup>st</sup> in Visual Arts  |
| Finn Blee       | - | 1 <sup>st</sup> in Music  |
| Hayley Graham   | - | 1 <sup>st</sup> in Child Studies  |
| Dakoda James    | - | 1 <sup>st</sup> in Food Technology  |

**PRESENTATION OF ACADEMIC AWARDS****YEAR 8**

- |                  |   |  |
|------------------|---|--|
| Hannah Gordon    | - | 1 <sup>st</sup> in Geography and 1 <sup>st</sup> in PD/Health/PE         |
|                  | - | 1 <sup>st</sup> in English   |
| Eloise Newell    | - | 1 <sup>st</sup> in Mathematics   |
| Georgia Statham  | - | 1 <sup>st</sup> in Science   |
| Amelia Hatton    | - | 1 <sup>st</sup> in History and 1 <sup>st</sup> in Technology (Mandatory) |
| Nina Cuddy       | - | 1 <sup>st</sup> in Visual Arts   |
| Hannah Greenhill |   |  |

**PRESENTATION OF ACADEMIC AWARDS****YEAR 7**

- Lacey Duguid - 1st in English, 1st in Science and 1st in PD/Health/PE
- Jonty Bullock - 1st in History, 1st in Music, 1st in LOTE and 1st in Technology (Mandatory)
- Connor Watson - 1st in Mathematics
- Darcy Palmer - 1st in Geography

**PRESENTATION OF SPORTING AWARDS**

Swimming Carnival won by Gilbert  
 Athletics Carnival won by Gilbert  
 Cross Country won by Gilbert  
 Champion House - 2022 Gilbert

**SCHOOL COLOUR**

**Outstanding representation in one sport OR good representation in a number of sports over a number of years OR outstanding attitude of commitment and sportsmanship over a number of years**

Sam Hamilton	Angus Sunderland
Olivia McKenzie	Hayley Graham
Annabelle Pull	Holly Wilson
Tyler Burn	Charlotte Burling
Hannah Greenhill	Ryan Ellis
Claire Neville	William Harrison
Toby Stephens	

**SCHOOL BLUE**

**Representation in a Western Region Team at a State Carnival OR outstanding representation at school level for a number of years in a number of sports**

Alyssa Price	Ludie Rogers	Mitchell McMahon
Remi Chilstone	Hayley Stephens	Mitchell Stephens
Hannah Gordon	Isabella Gordon	Samuel Austin
Benjamin McMahon	Amy Harrison	Elliott Blee
Noah Brown	Lachlan Sunderland	Amber Johnson
Harry Duguid	Emily Thomas	Asher Macela
Lillian Harrison		Connor Munroe
Lila McCaffery		

**ATTENDANCE AWARDS**

***'For attending every school day'***

Isabella Gordon

Year 10

## **YEAR 10 Narrabeen Sydney Excursion**

On Monday the 5<sup>th</sup> of December 28 Year 10 students, Miss Sam Dunk and I embarked on our end of year excursion to Sydney Academy of Sport Narrabeen. We all travelled from Canowindra on the public bus to Lithgow, then the train to Central Station and then a smaller bus to Narrabeen. Although the trip was long both Miss Dunk and I were very proud of the way our students represented themselves and our school whilst travelling.

On arrival to camp, although very tired, our students had a well-deserved break, dinner then found the energy to participate in an evening of outdoor games.

The Academy co-ordinators prepared a fun filled activity program that was not only designed to be fun but promote team building and problem-solving skills. Activities throughout the 5 days of our camp included outdoor games, kayaking, canoeing, raft building, sailing, surf lessons, hiking with damper cooking, puzzle room and archery tag. All students demonstrated excellent inclusiveness with everyone of their peers, it was great to see the comradery between them all.



All meals at the camp were prepared by Narrabeen staff and were outstanding, with most students going back for more. Our two standouts and winners of the “I can eat my body weight in food award” clearly went to Jake McVicar and Jacob Bezett, man these boys can eat.

After eating well for most of the week we all were looking forward to a relaxing night at the movies and a well-earned junk food fix, Miss Dunk and I included.

By Friday, the last day, we were all spent and looking forward to coming home. After a game of archery tag, we loaded up the bus and headed for Central Station. Once on the train it didn't take long for Sam and I to see the kids one by one fall asleep.



The students should be very proud of how well they represented Canowindra High School. It was very humbling for Miss Dunk and myself to be approached by several people with wonderful comments such as:

“We don’t often see the level of respect and positive interaction with the younger children at the camp. It was very refreshing to witness” said the Sydney Academy of Sport – staff

“You should be proud of your students and how well they interacted during meals. It is a credit to the staff and Canowindra High as a whole”, said two teachers from other participating schools.

The return bus driver made a point of coming to see me to shake my hand at the end of the trip saying he could not believe how well behaved the students were on a public bus on the way home. “I have transported a lot of high school kids in my time as a bus driver and I was very impressed with the Canowindra High students.”



I would like to sincerely thank Sam Dunk for her incredible help in making this year’s camp fun and successful. I would also like to thank Tina Gruessing, Leanne Harrison, Jacque Kinsela and Imagon Park for all their assistance in organising and preparing for our excursion.

Without you guys I could not have pulled it off.

Steve Wilson

Year Advisor

## Year 9 Canberra Excursion

Last Monday, 28 adventurous young souls from Canowindra High's Year 9 set off on our journey to Canberra. It has been a frustrating few years, with Covid playing havoc with our best laid plans, so it was a great relief to finally get away for some fun.

We started our trip with a long and very warm walk around Lake Burley Griffin, and then hit the bowling lanes. Lincoln McMillan was a dominant force, racking up the highest score for the night on 155. James Roberts showed off his skills by winning both of his matches, and he took a great deal of delight in wiping the floor with Mr Ferguson and reminding him about it for the rest of the week.



Tuesday began with a visit to Questacon, exploring the wonderful world of science whilst having some fun. Jenny Zhao and Elsey Watson built some seriously impressive Jenga style towers, and the majority of the students took part in the vertical free fall. After lunch and a shop, we tried our hand at Laser Tag, where a great time was had by all. By the time we settled in to watch 'Black Adam' at Hoyts, it was all a bit too much for a few of our students, who promptly fell asleep (Ludie Rogers, Hayley Stephens, Elsie Boland).





On Wednesday morning we said goodbye to our hostel and made our way to the Big Splash Waterpark. The water was icy, but the fun of the slides was enough to keep the kids going back for more. By the time lunch rolled around everyone was wiped out and happy to settle in for the trip home via Maccas.



All in all, it was a great few days and special thanks go out to Kathy Davis and Catherine Ellis for all their help on the trip. Our students were a fantastic bunch with impeccable behaviour, and they did our school proud.

Mr Ferguson

ALL DAY EVERYDAY

- Pie \$4.50
- Sausage roll \$3.50
- Flame grilled chicken patty \$2.50
- Cheese & bacon bun \$2.50

HOT FOOD OPTIONS

(must be ordered)

- Chicken Tenders \$2.00
- Garlic Bread Small \$1.50 Large \$2.50
- Dino Nuggets 6 for \$5.00
- Add salad \$2.00
- Extra nuggets-each \$1.00
- Pasta Bolognese \$5.00
- Lunchtime 6 inch pizzas-ham & pineapple, capsicum & bacon, or pepperoni \$5.00

DRINKS

- Water-600ml \$2.00
- Flavoured milk-chocolate, strawberry, vanilla 300ml (Primary & High Schools) \$2.50
- 500ml (High School only) \$4.00
- Berri 100% Juice-apple, orange, apple/blackcurrant pine/orange 250ml \$2.50
- Juice bombs-watermelon, apple cola, apple raspberry, lemonade, orange, passionfruit, grape \$2.50
- Peach Ice Tea \$4.50
- Mini Juice 110ml - apple or orange \$1.00

WRAPS (must be ordered) Toasted or untoasted

- BLT-bacon, lettuce, tomato \$6.00
- Chicken Caesar-fresh chicken, cos lettuce, parmesan cheese, bacon, caesar dressing \$6.00
- Chicken Goujon-chicken Goujons, lettuce, cheese, mayo \$6.00
- Flame grilled chicken-flame grilled chicken patty, lettuce, cheese, mayo \$6.00
- Sweet chilli chicken-sweet chilli tenders, lettuce, cheese, sweet chilli sauce \$6.00

BURGERS (must be ordered)

- Sweet chilli chicken burger-sweet chilli tenders, lettuce, sour cream, sweet chilli sauce. Add cheese \$0.50 \$6.00

- Chicken burger-flamed grilled chicken patty, lettuce, mayo \$6.00

- Hawaiian Chicken burger-flamed grilled chicken patty, lettuce, pineapple, mayo Add Bacon \$1.00 Add cheese \$0.50 \$6.00

- Hamburger-meat patty, lettuce, beetroot, tomato, cheese, BBQ sauce Add Bacon \$1.00 Add Pineapple \$0.50 \$6.50

- Cheeseburger-meat patty, burger cheese, tomato or BBQ sauce \$5.00

Sandwiches/Rolls (Must be Ordered)

- Cheese & Salad— cheese, tomato, cucumber, Spanish onion, beetroot, carrot & mayo Sandwich \$6.00 Roll \$6.50
- Ham, Cheese, Tomato Add Ham or Chicken \$1.50 Sandwich \$5.00 Roll \$
- Egg & Lettuce Sandwich \$4.50 Roll \$

Salad Bowls (must be ordered)

- Salad bowl—lettuce, tomato, cucumber, carrot, spanish onion, cheese, beetroot \$6.00
- Add—chicken, ham or egg extra \$1.00
- Chicken Caesar Salad Bowl— fresh chicken, cos lettuce, ham, croutons, parmesan cheese, caesar dressing \$6.50

- Bento Box— Sandwich (vegemite, honey, cheese, or ham & cheese) Add Egg extra \$0.50
- OR a Ham & Cheese wrap, chicken wing ding, fruit and a mini muffin \$6.00

FRUIT

- Watermelon Bowl \$4.00
- Fruit Salad Bowl \$5.00
- Yogurt & Fruit Bowl \$5.00

- Add Granola \$1.00

ALL WEEKLY SPECIALS \$6.00

Week	Specials	Friday Super Specials
Week 1	Check Facebook	N/A
Week 2	Taco Wrap	Pork & Gravy Rolls
Week 3	Poke Bowl	Sushi
Week 4	Mini Cob Loaves	Burrito
Week 5	Mexican Bowl	Wedges with Sour Cream
Week 6	Taco Wrap	Pork & Gravy Rolls
Week 7	Poke Bowl	Sushi
Week 8	Mini Cob Loaves	Burrito
Week 9	Mexican Bowl	Wedges with Sour Cream
Week 10	Check Facebook	N/A

Contact Canteen Manager Cindy Walker on 0429654312 or Shervyn O'Malveney on 0402441263 for information or any questions. Prices and availability subject to change.



(10/10/2022).

## Term 1 2023

Staff Return  
Friday 27th January

Years 7, 11 & 12 Return  
Tuesday 31st January

Year 8, 9 & 10 Return  
Wednesday 1st February

Have a safe and  
happy holidays!



## What's On

### Week 10B

### Term 4

Monday 12 DEC Presentation Day 9:30am

Tuesday 13 DEC Grossi Cup

Wednesday 14 DEC

Thursday 15 DEC LAST DAY OF SCHOOL FOR STUDENTS

Friday 16 DEC

### Week 1A

### Term 1 2023

Monday 23 JAN

Tuesday 24 JAN

Wednesday 25 JAN

Thursday 26 JAN

Friday 27 JAN STAFF RETURN

## Assessments Due

### Week 10B

### Term 4

Y12: 12 CAFS, Chemistry, SLR (1)

Y11:

### Week 1A

### Term 1 2023

Y12:

Y11: