



Term 4 Week 2

Monday, 11 October 2021

Contact List

Principal
Neryle Smurthwaite

Deputy Principal
Duane Rhall

Head Teacher English / HSIE
Chris Summerhayes

Head Teacher Maths / PDHPE / Comp
Rod Jones

Head Teacher Science / CAPA
Peta McKenzie

Head Teacher TAS
Karen Pickering

Year 7 Adviser
Timothy Roberts

Year 8 Adviser
Stuart Ferguson

Year 9 Adviser
Steve Wilson

Year 10 Adviser
Warren McKenzie

Year 11 Adviser
Patricia Daniel

Year 12 Adviser
Kathleen Balcombe

Teacher Librarian (Rlg)
Robert Brown

Sports Coordinators
Samantha Dunk
Zachary Rue

School Counsellor
Emily Azzopardi

Student Support Officer
Bonnie Keys

LAST (Rlg)
Bronwyn Porter

Careers Advisor
Josh Conliffe

R U OK? Day

During lockdown, Canowindra High School delivered 'R U OK?' cookies to all students. The initiative was to encourage students involvement in 'R U OK' day and to bring some cheer during the isolating times of lockdown. Students sent photographs of themselves wearing yellow or with their cookies to our social media pages.

R U OK?TM
A conversation could change a life.



Principal's News

Welcome to our first newsletter for Term 4 and the start of what promises to be a busy yet enjoyable eleven weeks for our students and staff.

It is great to have our students back at school for face-to-face learning for as we all know, the best learning environment for students is in the classroom. However, can I please acknowledge the amazing work our staff did throughout last term supporting learning from home for their students and the exceptional role parents took on in 'teaching' their children throughout this challenging time.

The second Check in Assessments window for this year opens this week for schools. These assessments, in literacy and numeracy, are compulsory and, over the coming weeks all of our students in Year 7 and 9 will participate in this testing.

Under Level 3 restrictions some COVID-safe practices in line with the Year 7 transition guidelines are permitted and students are allowed on site. Over the coming weeks the incoming Year Adviser, Mrs Graham will be making contact with our partner schools to discuss when and how the transition program will proceed. Prior to this, partner schools will need to ensure that all students who will be attending the orientation have a completed enrolment form.

Neryle Smurthwaite
Principal

Vaccination requirements in all schools from 8 November

Under the [NSW Public Health Orders \(PHO\)](#), all people working at a school or early education and care facility must be fully vaccinated by 8 November 2021. According to the PHO, relevant work includes:

- any work undertaken at a government school or non-government school (this includes work by teachers, support staff, corporate employees, contractors, volunteers and students on student placement)
- any work at an early education and care facility (this includes work by employees, contractors, volunteers and students on student placement). This covers centre-based child care facilities, family day care and school-based child care (after-school or vacation care)
- providing disability support services to a child with a disability at a school or early education and care facility where the person is required to hold a WWCC. This includes disability support services provided under the Assisted School Travel Program, even where part of the service occurs away from school sites
- NESA authorised officers undertaking activities in relation to home schooling
- NESA staff working at HSC exam sites.

Work includes:

- work done under a contract of service or a contract for service
- work done as a volunteer or for a charitable organisation
- work done by a student on student placement
- work done temporarily, including while acting in or filling an office or other role because of a vacancy or absence.

Vaccination requirements do not apply to an education or care worker who carries out relevant work in an emergency. For example, an emergency includes paramedics responding to a medical emergency, firefighters responding to a fire or gas leak, and workers responding to a sewerage leak.

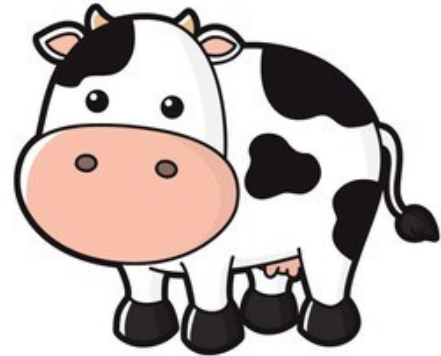


Education

Cows Create Careers

Cows Create Careers is a program run by Careers Advice Australia designed to introduce secondary school students to the dairy industry and make students aware of career pathways within the industry. This year our Year 11 students took part in the programme and were named the overall winners!

Congratulations Year 11 Agriculture!



Canowindra Swimming Club 2021/22 Season

Canowindra Swimming Club is now open for registration for the upcoming season.

If your child can swim one lap of the pool they are eligible to join our friendly swim club.

Friday 5th November ~ Registration night and fun swimming events

Monday 8th November ~ Squad training commences

Friday 12th November ~ 1st club night

All enquires

canowindraswimclub@gmail.com

Login to register for Swim Club and Squad Training.

www.swimcentral.swimming.org.au

All pending COVID-19 situation and regulations



THE HUB CANTEEN



This weeks winner of the \$5 canteen voucher is **Sammy Austin.**

Congratulations and thank *you* for supporting the canteen. If you want to be in with a chance of winning a \$5 canteen voucher, make sure you order your lunch!

This weeks \$5 canteen specials

Week B

Mon—Tropical Chicken Burger,
Pineapple, Carrot, lettuce,
mayo

Tues—Tacos, 2 for \$5

Wed—Sushi - Teriyaki Chicken/
Crispy Chicken/Tuna add Avo
50c

Thurs—Poke Bowl with sticky
chicken wings

Fri—Meat Ball Subs

Muffins \$2.50



What's On

Week 2B

Term 4

Monday 11 OCT

Tuesday 12 OCT

Wednesday 13 OCT

Thursday 14 OCT

Friday 15 OCT

Week 3A

Term 4

Monday 18 OCT

Tuesday 19 OCT

Wednesday 20 OCT

Thursday 21 OCT

Friday 22 OCT

Assessments Due

Week 2B

Term 4

Y12:

Y11:

Week 3A

Term 4

Y12:

Y11:

RECESS (High School only)

Hash browns	\$1.00
Ham & cheese toasted wrap	\$2.50
Ham & egg roll	\$4.00
Cheese & tomato toasties	\$2.50
Muffins-chocolate, blueberry, banana (changes daily)	\$2.00
Homemade pizza-chicken, ham & pineapple or cheese	\$2.50
<u>ALL DAY EVERYDAY</u>	
Cheese & bacon bun	\$2.00
Flame grilled chicken patty	\$2.50
Lite'n'up sausage roll	\$3.00

BURGERS (must be ordered)

Cheeseburger-meat patty, cheese, BBQ sauce	\$4.50
Sweet chilli chicken burger-sweet chilli tenders, lettuce, cheese, sweet chilli sauce	\$5.50
Chicken burger-flamed grilled chicken patty, lettuce, mayo, cheese	\$6.00
Hamburger-meat patty, lettuce, beetroot, tomato, cheese, BBQ sauce	\$6.00
Hawaiian Chicken- chicken, pineapple, lettuce, mayo	\$6.00

OTHER HOT FOOD OPTIONS**(must be ordered)**

Chicken Tenders	\$2.00
Dino Nuggets	6 for \$5.00
Add salad	\$0.50
Extra nuggets-each	\$1.00
Lunchtime 6 inch pizzas-ham & pineapple, chicken & bacon, cheese & bacon, or cheesy garlic	\$4.00

SALAD BOWLS (must be ordered)

Salad bowl-lettuce, tomato, cucumber, carrot, Spanish onion, beetroot, cheese	Small \$4.50	Large \$5.00
Add-chicken, ham or egg	extra \$1.00	
Chicken Caesar salad bowl-fresh chicken, cos lettuce, ham, croutons, parmesan cheese, egg, Caesar dressing	\$6.00	
Super salad-mixed lettuce, cherry tomatoes, cucumber, beetroot, Spanish onion, carrot, egg, pineapple, roasted pumpkin, feta, potato salad	\$8.00	
Add-chicken or ham	extra \$1.00	
Munch & Crunch Box- Mini apple, cherry tomatoes, baby cucumber, cheese cubes, carrot sticks and a mini muffin	\$5.00	
Add- ham or chicken	extra 50c	

WRAPS (must be ordered)

BLT-bacon, lettuce, tomato	Small \$5.00	Large \$5.50
Chicken Caesar- fresh chicken, cos lettuce, parmesan cheese, ham, Caesar dressing	Small \$5.00	Large \$5.50
Chicken Goujon-chicken Goujons, lettuce, cheese, mayo	Small \$5.00 Large \$5.50	

Flame grilled chicken-flame grilled chicken patty, lettuce, cheese, mayo	Small \$5.00	Large \$5.50
Sweet chilli chicken-sweet chilli tenders, lettuce, cheese, sweet chilli sauce	Small \$5.00	Large \$5.50
Chicken schnitzel wrap- Chicken schnitzel, lettuce, mayo, cheese	Small \$5.00	Large \$5.50

SANDWICHES/ROLLS/BAGUETTES**(must be ordered)**

Cheese & salad-cheese, tomato, cucumber, Spanish onion, beetroot, lettuce, carrot, mayo	Sandwich \$5.00	Roll/Baguette \$5.50
Meat & salad-add chicken or ham	Sandwich \$6.00	Roll/Baguette \$6.50

FROZEN TREATS

Berri 99% juice sticks	\$0.50
TNT's-sour raspberry, red berry blasts	\$1.00
Snapstix-raspberry, red raspberry, red berry blast, pineapple	\$1.00
Bulla ice cream cups	\$1.50
Paddlepops-rainbow, chocolate	\$2.50

DRINKS

Water-600ml	\$2.00
Water-1L	\$4.50
Flavoured milk-chocolate, strawberry, vanilla	

300ml (Primary & High School's)	\$2.50
500ml (High School only)	\$4.00

Berri 100% Juice-apple, orange, apple/blackcurrant	250ml	\$2.50
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Juice bombs-watermelon, apple cola, apple raspberry, lemonade, orange, passionfruit, grape	\$2.50
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FRESH FRUIT (seasonal)

Fresh Fruit, per piece		\$0.50
Fruit Salad Cups	Small \$2.00	Large \$4.00
Watermelon Cups	Small \$2.00	Large \$4.00
Grape Cups	Small \$2.00	Large \$4.00

DAILY SPECIALS**Week A****Week B**

Mon —Burritos	Mon —Tropical Chicken Burger, Pineapple, Carrot, lettuce, mayo
Tues —Pulled Pork & Coleslaw Burger	Tues —Tacos, 2 for \$5
Wed —Fish & Salad	Wed —Sushi - Teriyaki Chicken/ Crispy Chicken/Tuna add Avo 50c
Thurs —Nachos, cheese sour cream, sauce (\$4) add meat (\$5)	Thurs —Poke Bowl with sticky chicken wings
Fri —Chicken Schnitzel Burger (make it a Parmy \$1)	Fri —Meat Ball Subs



The Hub is managed by the High School P&C.
Contact Canteen Manager Cindy Walker on 0429654312 for information or any questions.
Prices and availability subject to change. (5/10/21)